

What is it?

Journeying in Prayer is an opportunity for participants to be nourished by the rich treasure of different spiritual traditions. At the same time, it will provide an opportunity for deeper exploration of the wider journey of faith.

It is an experiential rather than an academic course and participants will be encouraged to engage actively in workshops and small group sharing.

The course includes a weekend residential guided retreat. Suggestions for further reading and other resources for the ongoing process of prayer, reflection and growth will be integral to the course.

If you are looking to...

- experience different ways of praying
- explore the role and value of silence
- find new resources to help you grow spiritually
- reflect on and nurture your ongoing journey of faith, discipleship and witness
- travel with others on the Way..

then this course may be for you!

When is it?

Mondays 10.00 a.m. – 3.30 p.m.
Xavarian Spirituality Centre, Preston

January 20th

April 6th & 20th

February 3rd & 17th

May 11th & 18th

March 2nd

June 1st & 15th

Weekend **guided retreat** at Hyning Monastery, Warton.
20th – 22nd March

Cost

The course costs £300 (payable in 3 instalments)

Help towards funding this course may be available through your own church and/or from the Diocese of Blackburn if you are a member of one of its congregations.

Application Form

If you wish to apply for the **Journeying in Prayer** course, please complete this form and send it to:

Canon Tricia Impey, 22, Hala Grove, Lancaster LA1 4PS

Or by email patriciaimpey@btinternet.com

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| Name: |
| Address: |
| Telephone: |
| Email: |

Closing Date for applications Friday, 6th December 2019.